



# Winter Wellness

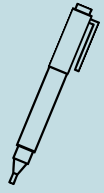
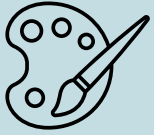
## POSTCARD PROJECT

This winter take part in our Winter Wellness Postcard Project. This will be a collaborative art project involving the whole community and school groups. We would like you to create a piece of artwork on or attached to one of our leaves.

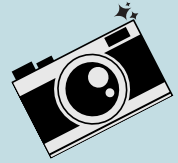
This artwork can be any medium: pencil, watercolour, acrylic, felt tip pen, photography, collage, textiles, calligraphy. Link your artwork to something you have found comforting during lockdown. What brought you solace and calm; did you connect more with nature? With your home? Did you re-discover a love of crafts? In these challenging times, it is important to reflect on the positive moments. Think about what lockdown meant to you individually. Create a simple artwork or craft that gives you that time for contemplation and share this art with your local community. Challenge yourself creatively and express yourself through your own creations.

Complete the project with your family, friends, or if you are a teacher, with your classroom. Each person can submit 1 artwork that will be displayed as an online exhibition\* on the Shipley website from March 2021.

*\*Due to the expected high volume of submissions, unfortunately we may not have the facility to exhibit all of the artwork that we receive back, in which case we will select a number for the online display.*



# What do I need to do?



Sketch out a few ideas about how you've found comfort in lockdown. Decide on a medium – what will you need? Look around at home or school and see what you can use. Get creative with your leaf shaped card. You can either use a card which has been supplied or download one from [shibleyartgallery.org.uk/learning/resources](https://shibleyartgallery.org.uk/learning/resources)

Deadline for submissions is **1 March 2021**. Take a picture / scan of your creation and email it to [hannah.mackay-jackson@twmuseums.org.uk](mailto:hannah.mackay-jackson@twmuseums.org.uk). If it's difficult for you to submit your artwork digitally please contact Hannah to arrange an alternative.

Tag your work on our social media channels:

Instagram @shibleyartgallery

Facebook @shibleyartgallery

Twitter @theshibley